

Carers Strategy

Approach and Initial Findings

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Sheffield
City Council



Who is a Carer?

A carer is anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

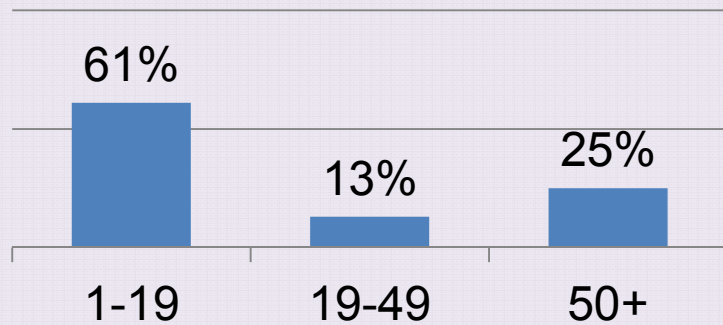
Carers Trust

There were 57,373 people (children and adults) reported in the census in Sheffield as providing unpaid care

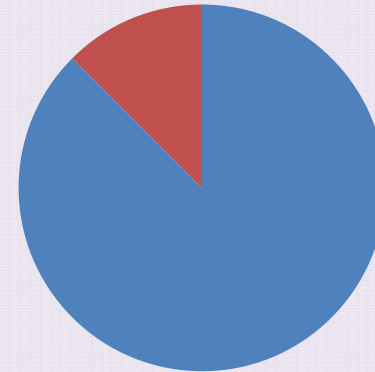
**4,500 children
are caring**

Key Facts

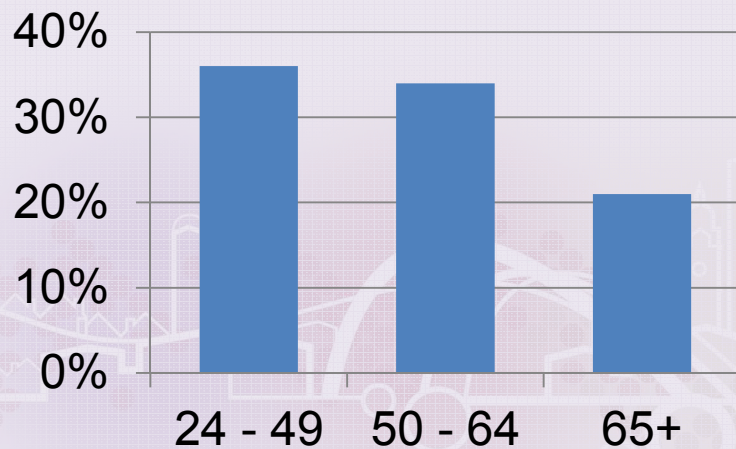
Hours of care provided



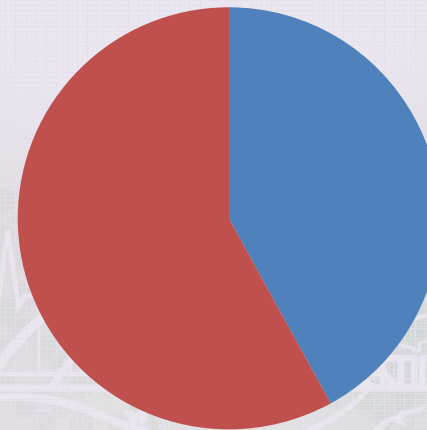
**1 in 7 Adults are Carers
53,000 people in Sheffield**



Carers – Age Profile



42% men 58% women



Economic savings of carers

- Unpaid carers are thought to achieve significant savings in replacement care costs
- Most recent Dept Health assessment suggests (as a ratio) that each pound spent (*well*) on supporting carers would save councils £1.47 on replacement care costs...
- ... and benefit the wider health system by **£7.88**

Carers Strategy – emerging messages

- The need for good information and advice at diagnosis and discharge – *carers population is dynamic*
- Advocacy and ‘navigator role’ required to support choices / options and the health and social care system
- GPs to recognise carers and be more flexible
- Help to have a social life and a break
- Support to stay in work

Questions for the Board

1. Does the Board recognise the emerging messages?
2. When does the Board want to hear back about the work to improve support for carers?